

										
<p>Carers Infomation</p>										
<p>A-Z of Useful Organisations</p>										
<p>A Carer is someone who, unpaid, is looking after a relative, friend or neighbour who is ill disabled, frail or in need of emotional support.</p>										
<p>This directory was created by the Carers Information Group on behalf of the York Carers Strategy group.</p>										
<p>It is meant for workers to use and should not be given out to the public.</p>										
<p>The organisations listed in the directory provide services to people living in and around the City of York.</p>										
<p>We have made an effort to ensure the directory is accurate but we can't accept responsibility for errors or omissions.</p>										
<p>If you find something needs updating please let us know: enquiries@yorkcarerscentre.co.uk</p>										
<p>Inclusion of an organisation in this directory is not an endorsement of them or the service they provide.</p>										
<p>This document produced in January 2010.</p>										

Correct as at 1/1/2010.	Advocacy	Benefits and Grants	Carers Support	Children and Young People	MH	LD	Phy	Sensory	Adults /Older People	Housing	Tranport	others
Family Information Service				√								
Family Mediation Service												√
Fast Response Team									√			
First Call 50+									√			
First Stop Advice		√							√			
FRANK				√								√
Freecycle - York												√
Future Prospects				√								√
HARP		√								√		
Headway Group			√									√
Health Walks												
Help the Aged		√	√						√			
Home Improvement Agency										√		
Home Start York				√								
ICAS	√											√
IDAS				√					√			
Inclusion Housing										√		

Correct as at 1/1/2010.	Advocacy	Benefits and Grants	Carers Support	Children and Young People	MH	LD	Phy	Sensory	Adults /Older People	Housing	Tranport	others
NHFA		√							√			√
NHS Direct												√
NHS Smoking Helpline												√
NIACE												√
North Yorks Aids Action												√
NY and York Family and Carers substance misuse			√									√
North Yorkshire Forum for voluntary orgs												√
NSPCC				√								
NYCC			√	√					√			
OCAV									√			√
Optician												√
Our Celebration					√							
PACT				√								
PALS - NYYPCT												√
PALS - YDH												
Parent Line			√									√
Parkinson's Disease Society									√			√

A - Z of Useful		
Organisation	Website	Detail - Correct as at 1/1/2010
Age Concern The Chief Officer 70 Walmgate York Yo1 9TL	www.age.concernyork.org.uk	In Safe Hands Scheme. Information Officer. Benefits/Money Advice Officer, Housing Support, Publications. Community Befriending and Support. Outings swimming, holidays. Talks and training. For people over 60yrs
Age Concern - Day Clubs	www.age.concernyork.org.uk	Alex Lyon House Tang Hall, Lincoln Court Acomb and Marjorie Waite Court. Lunch, refreshment and activities.
Age Concern - Hospital Services	www.age.concernyork.org.uk	For people leaving hospital or intermediate care. To prevent admission and re-admission to hospital by providing overnight support and ongoing emotional and practical support.
Age Concern - Netneighbours	www.age.concernyork.org.uk	Enables older people to gain access to internet shopping. Volunteers ring older person , take order and organise delivery over the internet.
Alcohol Advice Service -YAAS The Lodge 63 Bootham York YO30 7BT	www.yaas.info	Free, confidential service offering advice and support to those affected by their own or others alcohol use.
Alternatives to Violence Project - York	www.avpbritain.org.uk	Workshops for people from all walks of life to manage behaviour
Alzheimer's Society - Selby and York Branch Holgata Villa 22 Holgate York YO24 4AB	www.alzheimers.org.uk	Champions the rights of people living with dementia. Carer contact, listening ear, befriender service, carer education, helpline, public awareness, factsheet, magazine and regular Caring and Coping courses.
ARC Light Union Terrace York Y031 7ES	www.york-arclight.co.uk	Accommodation and support for homeless men and women in York. A place to stay but also a chance to make positive changes. Education, health , fitness and community facilities.
Arthritis Care	www.arthritiscare.org.uk	Branches in Harrogate, Scarborough
Autistic Society National	www.autism.org.uk/cip	Champions the rights and interests of all people with autism.

Organisation	Website	Detail - Correct as at 1/1/2010
Avalon 6 Clifton Moor Village James Nicholson Link York YO30 4XG	www.avalonservices.org.uk	Support for people with disabilities, mental health issues and older people. Work focuses on Family Living and Supported Living.
Barnardo's Children's Services	www.barnardos.org.uk	Services for children , young people and families in need. Leaving care, adoption, child protection, training, employment and family support for disabled children
BASPCAN British Association for the Study and Prevention of Child Abuse and Neglect. 17 Priory Street YO1 6ET	www.baspcan.org.uk	Membership association for professionals and volunteers working in child protection.
Benefits: Enquiry Line (DWP)_	www.direct.gov.uk	other useful numbers: AA/DLA 08457123456 Carers Allowance Helpline 0845 6084321 Crisis Loans: 0800 0327950 Pension Credit: 0800 991234 The Pension Service 0845 6060265 Tax Credit Enquiry Line 0845 3003900 Social Fund Application 0845 6088671
Besom	www.thebesominyork.co.uk	Forms a bridge between church and its community. Gives what people have, time, skills, items to those who need it. NB. Volunteers are not CRB checked.
Blind and Partially Sighted - York 22 Holgate Rd York YO24 4AB	www.ybps.org	Practical ideas and advice. Products to make life easier and maximise independence. Services, activities and support groups. Referral to other stat and vol orgs. Open 10-2 no appt.
Blue Badge Scheme	www.york.gov.uk	Forms can be downloaded from CYC website. £2.00 charge for badge and must meet criteria
Breathe Easy York	www.breatheeasyork.co.uk	British Lung Foundation. Support persons of all ages who suffer with lung disorders. Social meeting monthly.
CAB - 3 Blossom Street YORK YO24 1AU	www.yorkcab.org.uk	Advice. Information, support and advocacy on any matter in particular debt, employment and housing. Drop in and appointments Mon- Thurs check web or ring for times.

Organisation	Website	Detail - Correct as at 1/1/2010
Cancer Care Centre - YDH	www.yorkhospitals.nhs.uk	Therapies, oncology service, specialist nurses, self help and support group. Information Library and benefit advice.
CANDi (Children and Inclusion	www.yorkcab.org.uk	Forum for parents and carers who have children who have a disability and or/ additional needs. Aim to promote inclusive practices and provide leisure and support for parents or carers.
Care Quality Commission itygate Gallowgate Newcastle upon Tyne	www.carequalitycommission.org.uk	Independent regulator of health and social care in England. Regulate health and adult social care services whether NHS, LA, private company or voluntary organisation.
Carecent for Homeless and Lonely- York Room 5 Central Methodist Church St.Saviourgate York YO1 8NQ		Free cooked breakfast. Clean clothing available, befriending, listening, signposting if requested. Mon - Sat except Christmas Day
Carers Emergency Card (request)	www.yorkcarerscentre.co.uk	A partnership a between York Carers Centre and CYC's Warden Call Service. Scheme is free and allows carers to register an emergency plan.
Carers UK	www.carersuk.org	Empowers for Carers - aims to address issues affecting carers who work and want to work. Information to carers and employers. CHECK WEB for other campaigns
Castlegate for young people 29 Castlegate YORK YO1 9RN (Previously known as YES)	www.29castlegate.org	16 -25 counselling and info on where to live, money, benefits, work, education, your rights, relationship and sexual health. Drop in service from 11.00am Mon - Fri
Childwatch	www.childwatch.org.uk	Acts as a bridge between general public and agencies. Tel counselling for young people and adults who have been abused.
Cinema Card	www.ceacard.co.uk	National card that can be used to allow a carer a free cinema ticket when accompanying a disabled person. Disabled person must meet DLA/AA or be registered blind although other circumstances may be allowed.. Processing fee applies.

Organisation	Website	Detail - Correct as at 1/1/2010
Colitis and Crohn's - York Support Group (NACC)		
Community Equipment Loan Service		Service funded by CYC, NYCC and PCT. Supply equipment from referral only but when equipment is no longer required users can ring to arrange collection
Community Furniture Store Unit 29 The Raylor Centre James Street York YO10 3DW	cfs@furniturestore.freeseve.co.uk	Independent charity; it provides low cost furniture recycled in good condition to people on a low income. Furniture and electrical goods are collected free from the public. Also supplies new good -eg beds and white goods.
Community Units for the Elderley (CUE's)	www.nyypct.nhs.uk	Inpatient services for people over 65 experiencing mental health problems. Meadowfields, Mill Lodge, Cherry Tree House and Peppermill Court in York.
Compass One 6/7 Bridge Street York YO1 6DD	www.compass-uk.org	Independent charity offering advice, information and support on all matters related to drug mis-use. Needle exchange, psychosocial intervention and Drop In service.
Compassionate Friends	www.tcf.org.uk	Befriending service for bereaved parents. Local contact in York
Connexions	www.connexions-direct.com	For young people 13-19. Confidential advice and information on learning, careers, health relationships, money etc. Duke of Edinburgh's Award Scheme, drama support through Network 2.
Contact a Family	www.cafamily.org.uk	National charity dedicated to helping families with disabilities and special needs. Information on specific conditions and rare disorder
Counsel and Care	www.counselandcare.org.uk	National charity working with older people, their families and carers. Advice line, factsheets, newsletter and for eg advice on paying for care etc
Counsellors - British Association for Counselling and Psychotherapy	www.bacp.co.uk	Search and check credential of counsellors

Organisation	Website	Detail - Correct as at 1/1/2010
Credit Union 17 Priory Street York YO1 6ET	www.ycu.org.uk	A financial co-operative offering safe savings and low cost loans to people who live or work in York. Authorised and regulated by financial services authority.
Crisis Call		Out of hours telephone helpline for people who are in crisis due to MH problems in NYCC area. Carer could live in NYCC area.
Crossroads 7 Regent Buildings York Rd ACOMB York YO26 4LT	www.crossroads.org.uk/harrogate	Home based respite services for carers who are supporting adults AND in York there is a Children's Carer respite service for carers of children.
CRUSE	www.crusebereavement.care.org.uk	Counselling advice and information to all those bereaved. Support groups and counselling for children and people with a learning disability.
CVS - York Council for Voluntary Services	www.yorkcvs.org.uk	Develops, supports and promotes the work of voluntary and community groups.
CYC - Adult Social Care	www.york.gov.uk	Initial Assessment and Safeguarding Team
CYC - Carers Assessment (adult)	www.york.gov.uk	
CYC - Children Social Care	www.york.gov.uk	Referral and Assessment Team
CYC - Emerge Duty Team	www.york.gov.uk	NYCC and York out of hours service
CYC - Housing	www.york.gov.uk	Housing options
CYC- Benefits Advice Team	www.york.gov.uk	Advice by phone, appt or home visit. Help with completing forms, problems or appeals
CYC Carers Strategy Manager: Frances Perry	frances.perry@york.gov.uk	
CYC- Employee Support	staffsupport@york.nhs.uk	
CYC/Yorkshire Housing Group (Handyman Scheme)	www.york.gov.uk	Service for council, social housing and private residents on low income or people due to frailty cannot carry out small jobs around the home. For eg changing batteries in smoke detectors, light bulbs, hazard assessments for eg frayed carpets. No charge for labour but small charge for materials.
Dial and Ride	www.york.gov.uk	CYC door to door service for York residents who have difficulty getting around. Bookings only

Organisation	Website	Detail - Correct as at 1/1/2010
Disability Law Service	check	Free legal advice and information for disabled people, families and carers.
Door to Door	www.dptac.gov.uk/door-to-door/index.htm	Transport and travel website for disabled and less mobile people whether travelling by air, rail or to hospital etc.
Drinkline	www.dwp.gov.uk	Free telephone helpline for anyone who is concerned about their own or someone else's drinking.
DWP - Benefits Enquiry Line		Free advice line from landlines. For advisors, carers or their representatives.
Early Support	www.dcsf.gov.uk	Family support for children under 5 with disabilities and complex needs.
Epilepsy Action	www.epilepsy.org.uk	Information on epilepsy and encourages a wide and sympathetic understanding of the condition. Local group meets first Tuesday of most months 7.30pm Friends Meeting House
Equality and Human Rights Commission	www.equalityhumanrights.com	Role in protecting and promoting respect for human rights and principles.
Falls Prevention Practitioners	www.nyypct.nhs.uk	Multi Discipline Team. Undertakes home assessments, now accepting self referrals. For people with a history of falling or at risk of falling. See also Postural Stability Classes
Family Fund 4 Alpha Court Monks Cross Drive York YO32 9WN	www.familyfund.org.uk	Grants for families with severely disabled child(ren) for things that make life easier, for eg washing machines, driving lessons etc.
Family Holiday Online 16 Mortimer Street London	www.fhaonline.org.uk	Works to help families who have a disability get a break.
Family Information Service Mill House North Street York YO1 6JD	www.yor-ok.org.uk	For parent carers of 0-19's. Info re childcare, early education places and paying for childcare.
Family Mediation Service 22 Holgate Rd York YO24 4AB	www.yorkfms.co.uk	For people who may be separating or divorcing and are having difficulty reaching agreement with partners concerning children, finance and property.
Fast Response Service Monkgate York		PCT service. Multi discipline assessment. 24/7 service.

Organisation	Website	Detail - Correct as at 1/1/2010
First Call 50+Plus	www.firstcall50plus.org.uk	Signposting service to people over 50 to help them remain independent and safe in their own home.
First Stop Advice	www.firststopcareadvice.org.uk	Independent free service, advice and info to older people, their families and carers about care and housing options in later life.
FRANK		Advice and information about drugs and their effects - for young people.
Freecycle York	www.yorkrecycle.net	
Future Prospects 24 Swinegate York YO1 8AZ	www.futureprospects.org.uk	York's Learning and Work advice service. 1-2-1 Counselling service. Skills for Life advice. IT courses
HARP - Housing Advice Resource Project 277 High Street Northallerton DL7 8DW	www.ukonline.co.uk/harpline	Advice relating to housing issues. Available to adviser in the voluntary and statutory sector. Training and casework.
Headway Group 15 Priory Street York YO1 6ET	www.headway.org.uk	Aims to promote understanding of all aspects of brain injury and to support people with an injury, their families and carers. See local web page for local groups/social events.
Health Walks in York Community Leisure Officer 18 Back Swinegate Swinegate Court York YO1 8ZD	www.york.gov.uk	Regular local walks for all ages and abilities.
Help the Aged	www.helptheaged.org.uk	international charity fighting to free older people from poverty, isolation and neglect
Home Improvement Agency Yorkshire House 6 Innovation Close Heslington York YO10 5ZF	www.yorkshirehousing.co.uk	Supported by CYC. Independent advice on repairs, improvements, adaptations for clients particularly those over 60 or disabled people of any age.
Home-Start York 49 Cemetery Rd Fulford Yo10 5AJ	www.home-start.org.uk	Support and practical help to families under stress. Volunteers visit families at home.

Organisation	Website	Detail - Correct as at 1/1/2010
ICAS Independent Complaints Advocacy Service Unit A2 The Raylor Centre James Street York YO10 3DW	www.carersfederation.co.uk	ICAS is a free, independent and confidential service to people who want to complain about their NHS treatment or care.
IDAS (Independent Domestic Abuse Service) PO Box 487 York YO26 OAS	www.idas.org.uk	Formerly Women's Aid but now provide support to male victims of abuse as well. Support services to all those experiencing or affected by domestic abuse. Now have a young person's advocacy worker to work with people aged 11 to 18 yrs old
Inclusion Housing 15 Priory Street York YO1 6ET	www.inclusionhousing.cic.org.uk	Provides housing for vulnerable adults with LD, MH or people with a brain injury. Also employment and training. Volunteer info through TimeBank scheme
Jessie's Fund 15 Priory Street York YO1 6ET	www.jessiesfund.org.uk	Aims to give seriously ill or children with a disability access to music making or music therapy.
Job Centre Plus	www.jobcentreplus.gov.uk	For adults of working age seeking work or who wish to claim or notify benefit changes.
Learndirect	www.learndirect.co.uk	National Learning Service advice line
Lesbian Line		Advice and support line
LGBT		Informal social group for lesbian, bisexual + transgender community in York
Lives Unlimited	no web site yet	Supports people with a LD to have control over their lives, be included and have choices and opportunities in their community
Mac Millan Cancer Care Service	www.Macmillan.org.uk	Provides practical, medical and financial support.
Mainstay 15 Priory Street YORK YO1 6ET		Small charity representing mental health service users who are working to improve services in the area.
Marie Curie Cancer care (North Yorkshire) 31 Walmgate York	www.mariecurie.org.uk	Fundraising and info to support nurses giving hands on care at home.

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Martin House Children's Hospice Wetherby	www.martinhouse.org.uk	Care for children and young people with progressive life limiting illness and support to their families.
MENCAP	www.mencap.org.uk	National Learning Disability helpline for all advice and information, for eg education, local groups etc.
MENCAP Pathway 15 Priory Street York	www.mencap.org.uk	Aims to give people with a learning disability equal opportunity to secure and sustain employment
Mental Health Support Line - 24hr 22 The Avenue Clifton York YO30 6AS		Telephone based support and information service to over 18's who experience MH problems at the time they most need it. Available to carers and supporters.
MIND 9 Castlegate York	www.yorkmind.org.uk	Counselling sessions to carers of people with MH problems including Alzheimer's. Advice, support, information and advocacy on any matter including benefits, debt, housing and employment. Appointments, drop in and groups
Monkgate Clinics 31 Monkgate York YO31 7WA	www.nhs.uk	Specialist sexual health services, Family Planning and Genitourinary Medicine. FP and GUM offers men, women and young people of all ages the opportunity to discuss sexual health in a safe, friendly and informal environment. Open Access.
Multiple Sclerosis Society - York Branch		Aims to help and advise any person with MS and/or their family. Newsletter, social events etc.
National Benevolent Fund for the Aged - NBFA	www.nbfa.org.uk	Provides direct, practical assistance through the provision of emergency alarms, TENS pain relief machines and organising free holidays.
National Debtline	www.nationaldebtline.co.uk	Free confidential and independent advice. Debt advice, factsheet, sample letter etc.
NHFA	www.hsbcpensions.co.uk/nhfa	Free specialist financial advice especially for those self funding long term care, help with finding a home etc.
NHS - Smoking Helpline	www.nhs.uk/gosmokefree	
NHS Direct	www.nhsdirect.nhs.uk	Confidential 24 hr advice , health and medical advice and information service

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NIACE The National Institute for Adults Continuing Education	www.niace.org.uk	Promoting adult learning
North Yorkshire Aids Action 12a St Saviours Place York	www.northyorkshireaidsaction.org.uk	Voluntary organisation to support and information concerning HIV and AIDS
North Yorkshire and York Family and Carers Service for substance misuse.		NYYPCT.A service for people whose lives are affected by drugs. Signpost users and refer for treatment. Support for carers
North Yorkshire Forum for Voluntary Organisation. Easingwold	www.nyfvo.org.uk	NYFVO promotes and supports new and existing voluntary and community organisations in NY and York/
NSPCC 65 Osbalwick Lane York	www.nspcc.org.uk	Services in York include: Therapy Team to help children and their families when abuse has occurred. Mothers' Support Group for eg. 24hr child protection helpline.
NYCC - North Yorkshire County Council Northallerton	www.northyorks.gov.uk	
Older Citizen's Advocacy York 52 Townend Street York YO31 7QG	ocay@btconnect.com	Promotes the rights of individuals over 50 yrs who are experiencing disagreements or complaints about services, care., social, health or general issues.
Optician - home visiting Lloyds Pharmacy	www.lloydspharmacy	Free NHS eye test in your own home for certain age groups or those with eye problems for eg glaucoma. Contact PALS for further contacts.
Our Celebration Highcliffe House Highcliffe Court York YO30 6BP	www.ourcelebration.org.uk	Aims to help adults recovering from Mental Ill Health to improve their quality of life and long term prospects. Work related training, craft workshops clubs and leisure.
PACT (Participation, Advocacy, Consultancy and Training) George House 18 George Street York YO1 9QB	www.childrensociety.org.uk	Direct services, training and participation in projects for disabled children and young people up to the age of 25.
Pals - NYYPCT	www.nyypct.nhs.uk	Patient Advice and Liaison Service for local NHS service for eg find a GP, dentist, complaints etc. Carers' comments and concerns re healthcare services.
PALS - YDH	www.nyypct.nhs.uk	Patient Advice and Liaison Service

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Parent Line	www.parentlineplus.org.uk	Help and information to parents or carers on any parenting issue.
Parkinson's Disease Society		Information and support to help sufferers and relatives lead as full a life as possible.
Parkinson's Disease Society - York Branch	www.parkinsons.org.uk	Information and emotional support
Peasholme Resettlement Centre The Basement Office 28 St Mary's Bootham York YO30 7DD	www.peasholmecharity.org.uk	Resettlement centre for homeless adults or those at risk or becoming homeless. 7 day a week service.
POLICE - non emerg Fulford York	www.northyorkshire.police.uk	In an EMERGENCY 999
Postural Stability Classes	www.nyypct.nhs.uk	Self referral. "Steady as you Go" classes in Clifton, Tang Hall and Acomb. Aims to improve posture, balance and confidence for over 60's who have a history or may be at risk or falling.
Princes Trust	www.princes-trust.org.uk	Helps young people through training, skill building, personal development and study outside school.
Princess Royal Trust for Carers	www.carers.org	PRTC is the largest provider of support services in the UK. Independently managed Carers' Centres, Young Carer Services. Quality information, support and advice. Influences national, regional and local policy. Provides grants for respite services and young carer activities also educational bursaries.
Priory Street Centre 15- 17 Priory Street York YO1 6ET	www.york.gov.uk	Fully equipped and accessible rooms which can be adapted for events, training, meetings and conferences etc.
RADAR	www.york.gov.uk	National key scheme for disabled people to access public toilets which are normally locked. £3 charge and proof of disability required. Tourist Information at 9 St Leonards Place. Also holiday and travel information see RADAR web page

Organisation	Website	Detail - Correct as at 1/1/2010
Railcard - Senior	www.senior-railcard.co.uk	Persons over 60 can apply for a railcard to give them one third off standard and first class rail fares.
Recovery after Psychosis (RAP) Early Intervention Service		Group of Parent Carers of young people with first episodes of mental health problems
Red Cross - Transport 5 Marsden Park James Nicholson Link. Clifton Moor York	www.redcross.org.uk	Volunteer transport service for people who cannot easily use public transport.
Reflect	www.reflectyork.co.uk	Pregnancy counselling for those facing an unplanned pregnancy.
Relate Relate - Teen	www.relateweb.co.uk	Confidential counselling service for people having difficulties or anxieties in marriage or any couple in a relationship. Relate-Teen is a service for young people affected by parents' relationship difficulties.
REMAP	www.remap.org.uk	Makes one off pieces of special equipment for the disabled
Resource Centre for Deafened People Bootham House 61 Bootham York YO30 7BT		Advice on equipment etc. Drop in Thurs 10.00am - 5pm Advice on hearing aids, special telephones, tv/audio aids, smoke alarms etc. Deaf awareness training
Rethink: The York Fellowship and York Schizophrenia Fellowship		Offers support and information to those who suffer from any serious psychiatric problems, their families and friends
Riding for the Disabled (York and District) 29 Heworth Hall Drive YO31 1AG		Riding therapy for disabled children and adults.
ROCC - Representatives of CUE (Community Units for the Elderly)		For those carers of people who use the elderly MH services in York. Currently chaired by the Alzheimer's Society

Organisation	Website	Detail - Correct as at 1/1/2010
Salvation Army The Citadel Gillygate York YO31 7EA	www.salvationarmy.org.uk	Helps needs people with social problems. Dedicated homeless project team, food parcels clothing. Also run Healthy Eating sessions for people with a LD to plan, budget and cook basic meals.
Salvation Army LD Advocacy	www.salvationarmy.org.uk	Independent advocates to assist people with LD to speak up for their rights and entitlements and help solve their problems
Samaritans 89 Nunnery Lane York YO23 1AH	www.samaritans.org	Registered charity. Support line for people experiencing feelings of distress or despair.
Saneline	www.sane.org.uk	For anyone coping with mental illness. Will signpost to local area service.
SCOPE	www.scope.org.uk	National disability organisation whose focus is people with cerebral palsy.
Selby Carers Centre The Coordinator Unit 18 Ousegate Business Centre Ousegate SELBY YO8 4NN	www.wilfward.org.uk	Carers Centre to support unpaid carers. Young Carer Service also available.
Shared Housing Scheme Basement 28 StMary's York YO307DD	www.peasholmecharity.org.uk	Temporary supported accommodation for people who have been homeless
Sharing Care Ashbank 1 Shipton Rd Clifton York YO30 5RE	www.york.gov.uk	Provides a break for families with a disabled child. Can be a few hours or days.
Shopmobility Piccadilly Car Park (level 2) Coppergate Centre York.	www.shopmobilityyork.org.uk	Scheme to enable people who find walking distances an obstacle to shopping and other city centre activities. Mobility equipment for hire for (temp) longer periods
Skills for Care 15 Priory Street York YO1 6ET	www.skillforcare-yh-org.uk	In partnership with Skills for Health and DOH to increase understanding of the important role carers play in the delivery of social care. Training to workers in all areas of social care. Looks at training for people who have never worked in social care and those who already work in it.

Organisation	Website	Detail - Correct as at 1/1/2010
SNAPPY (Special Needs an Play Provision) Young Groves Centre 84 Lowther Street YORK YO31 7LX	www.snappyork.co.uk	Special Needs and Play Provision in York. Saturday schemes and summer schemes. Senior SNAPPY club for young people 15 - 25 with social events.
SSAFA - Soldiers, Sailors, Airman and Families Association)	www.ssafa.org.uk	A national charity helping serving and ex-service men, women and their families. Confidential support line.
St Leonards Hospice 185 Tadcaster Rd York YO24 1GL	www.stleonardshospice.org.uk	A specialist palliative care unit. Support to families.
Stroke Association Office D7 The Raylor Centre James Street York YO10 3DW	wendy.smart@stroke.org.uk	New service to York which hopes to start providing information, advice and support early in 2010.
Surestart - York		
Survive - Survivors of Child Sexual Abuse in North Yorkshire 15 Priory Street York	www.survive-northyorks.org.uk	Telephone helpline and one to one meetings and self help groups for survivors of sexual abuse and their families and friends
Survivors UK (for men)		
Talkback North Yorkshire		For people with LD and their carers. Will offer support to family carers. Aims to give family carers a voice and support them to advocate for themselves, to be involved in planning and delivery of services.
Telecare Services	www.york.gov.uk	Home safety and personal security system for vulnerable adults of any age. Equipment such as personal trigger alarm, bogus call button, smoke detector, fall detector, flood detector PIR (movement detector)
TV Licensing	www.tvlicensing.co.uk	Free to over 75. 50% concession for the blind and severely sight impaired.

Organisation	Website	Detail - Correct as at 1/1/2010
The Island St Columba's Foundation Priory Street York YO1 6EX	www.theislandyork.org.uk	Support to vulnerable young people 8-13 as they make the transition from primary to secondary school. Volunteer mentors aim to help children and young people feel "included".
Victim Support North Yorks	www.victimsuport.org.uk	Help people cope with crime. Works with Police, Courts et.
Warden Call	www.york.gov.uk	24/7 service. In an emergency staff alert services, contact GP, relatives etc. Mobile warden service. Advice and information.
Warm Front	www.warmfront.co.uk	Grants available for loft insulation, draught proofing, heating etc. For owner occupiers and those with a private landlord.
Welfare Benefits Unit		Benefits advice to professionals only in NY and York. Training, take up campaigns.
Welfare Rights	www.carersentre.com	A new advice line and online resource for carers. Easy to use Benefit Guides, message boards and live chat where carers can ask questions and share their stories. A 3yr pilot from the Princess Royal Trust for Carers and Santander (The Abbey Building Society).
Wheelchair Centre Bluebeck House Bluebeck Drive Shipton Rd York	www.nyypct.nhs.uk	Wheelchair supply by referral. Repairs, delivery and collection.
Wilberforce Trust 49 North Moor Rd Huntington York YO32 9QN	www.wilberforcetrust.org.uk	Provider of accommodation, care support, rehabilitation and training to adults with visual impairments and additional disabilities
Wilf Ward Family Trust	www.wilfward.org.uk	Providing community based services for adults with LD
William Merritt Disabled Living Centre and Mobility Service St Mary's Hospital Green Hill Road Armley Leeds LS12 3QE	www.williammerrittleeds.org	Free OT assessment and advice on equipment and practical aspects of daily living. For disabled people of all ages, their carers, professionals and older people. Do not sell products but will give suppliers. Also do driving assessments for eg someone wishing to drive again following a stroke but there is a charge.
Winter Fuel Helpline	www.direct.gov.uk	

Organisation	Website	Detail - Correct as at 1/1/2010
Women's Counselling Service 15 Priory Street York YO1 6ET		Counselling for women on a wide range of issues.
Woodlands MS Resource Centre & Respite Care Centre	www.mssociety.org.uk	Nursing respite care resource centre. Also information, advice and support regarding any issue affecting people with Multiple Sclerosis, their family and carers
Workers' Educational Association	www.wea.org.uk	Educational courses around York with particular concern for those whose opportunities may have been limited.
Working Families Helpline		
York Action on Young Homeless 15 Priory Street York		YAYH brings together agencies concerned with young people. No services and no staff (c/o Colin Stroud) publishers Young People's Survival Guide to York.
York and District ME Group	www.yorkmesupport.org.uk	Support and information to those who have ME, their carers and families. Offer friendship network, newsletter etc.
York Carers Centre Manager; Linda Stubbs 17 Priory St York Yo24 4AB	www.yorkcarerscentre.co.uk	Supports adult and young carers with all issues and problems which may arise as a result of caring. Information on benefits, respite, support groups, holidays and employment.
York Carers Forum 15 Priory Street York YO1 6ET	www.yorkcarersforum@tiscali.co.uk	Carer led organisation to offer support to unpaid carers. Promotes carers needs, shares info and identifies carers needs. Monthly meeting to offer support/information and have speakers from CYC and other organisations.
York Diocese Social Carer Group		
York District Hospital Wiggington Rd York YO31 8HE	www.yorkhospitals.nhs.uk	Part of York Hospitals NHS Foundation Trust. Wards, A& E. PALS service
York Drug Resource Scheme 70 The Mount York	www.compass-uk.org	See also Compass as this address is for prescription/referral only
York Mediation Service	www.york.gov.uk	CYC service for people experiencing for eg problem with neighbours, landlords etc.

Organisation	Website	Detail - Correct as at 1/1/2010
York Nightstop (and crashpad) Central Methodist Church St Saviourgate York YO1 8NQ	www.york-nightstop.org.uk	Referrals from Castlegate, CAB, Peasholme, Salvation Army etc. Short term free emergency accommodation for homeless people (16-25) in the private homes of volunteers.
York Racial Equality Network (YREN) 20 Falsgrave Crescent York YO30 7AZ		YREN is a local group working to promote the awareness and needs of black and minority ethnic people in the York area.
York Travellers Trust 20 Falsgrave Crescent Clifton York YO30 7AZ	www.yttworldbreak.com	Works with the travellers community. Wide range of services, advocacy, advice, drug and alcohol advice, housing support
York Wheels The Foyer York District Hospital Wiggington Rd York	www.yorkwheels.org.uk	Voluntary organisation providing transport to persons who because of age or disability cannot access public transport.
Yortime	www.yortime.org.uk	A guide to clubs and organisations in and around York. Events calendar and group directory - part of CYC Leisure and Library Service.
Yorvik Gateway Club Oaken Grove Community Centre Reid Park Usher Lane Haxby YO32 3QZ	www.mencap.org.uk	Social club for adults with LD. Supports members and promotes independent living skills and learning opportunities.
Young Carers Initiative	www.yorkcarerscentre.co.uk	National group for people who work to support young carers and their families. See also York Carers Centre
Young Carers Service 17 Priory Street YORK YO1 6ET	www.yorkcarerscentre.co.uk	Advice and support to young carers under 18. A service for 18-25yr olds is also available. Member of the Princess Royal Trust for Carers. One to one and group activities.

Information correct at at 1/1/2010 - Support Groups		
Groups	Venue	Times - please check -
MS Cafe/drop in centre	Haxby Community Centre	Fridays - 11.00am - 15.00pm
York Stroke Support Group	St Andrews Church Bishopgate	3rd Wed on each month
York Neurological Support Group (for people with dystonia, families and carers)	Contact Helen 01904 236133	
Alzheimers Society/Harmony Cafe	Ring 658106	3rd Sat of each month
York Deaf Social Club		
Kirk Cafe	The Folk Hall New Earswick	1st Thursday of the month 11-1pm (for people with or carers for people with memory problems.
Headway - brain injury	Priory Street -Helpline 08088002244	Meet 3rd Tuesday of the month
Parkinsons	Community Centre Huntington - ring 08442253634	First Monday of the month
St Sampsons Church - rest and companionship for aged 60+	St Sampsons	
York Carers Centre and Young Carers	See newsletters for details of events.	
York Carers Forum	City Mills Skeldergate	Cafe/ meeting 4th Monday of the month
York Macular Disease Support Group	YBPSS Holgate Villa	Friendly and informal group. 2nd Monday morning or alternate months. Subscription charge or £1 per meeting.